

The Spa



BODEGA BAY
LODGE & SPA

Specialty Massages

RELAXING MASSAGE

50 MINUTES - \$105 | 80 MINUTES - \$150

This classic massage is designed to relax and rejuvenate the body and mind using long fluid strokes with light to medium pressure.

THERAPEUTIC MASSAGE

50 MINUTES - \$105 | 80 MINUTES - \$150

Your massage therapist will integrate different massage techniques to help relieve specific areas of tension.

AROMATHERAPY MASSAGE

50 MINUTES - \$110 | 80 MINUTES - \$150

Our Relaxing Massage with pure essential oils stimulates the senses and calms the mind.

PRE-NATAL MASSAGE

50 MINUTES - \$105

Special attention is given to the comfort and needs of the mother-to-be with this modified Relaxing Massage that utilizes special pillows and positioning. (We recommend that pregnant women avoid treatments using deep pressure, aromatic oils, and treatments that are heat-related.)

SIGNATURE HOT STONE MASSAGE

50 MINUTES - \$115 | 80 MINUTES - \$160

A relaxing hands-on massage that incorporates hot basalt stones to soothe tight muscles and relieve tension.

RE-ENERGIZER MASSAGE

30 MINUTES - \$60

Rejuvenate with a 30-minute massage designed to focus on specific areas such as the neck, shoulders and back.

IN-ROOM MASSAGE

All massages, except the Signature Hot Stone Massage, may be provided in the privacy of your guestroom.

Facials

THE ULTIMATE FACIAL

80 MINUTES - \$165

The “crème de la crème” of facial treatments, this facial combines science and nature for extraordinary results. A microdermabrasion cream is used to exfoliate the skin. Followed by the application of an energizing gemstone mask designed to lift and tighten the skin. To complete this renewing experience, a hydrating mineral mask is massaged into the skin leaving it luminous.

THE CLASSIC EUROPEAN FACIAL

50 MINUTES - \$115

This cleansing and relaxing facial is customized to meet the needs of any skin type. You will see an immediate improvement in the texture, clarity and elasticity of your skin.

Includes hand and foot massage.

May include extractions.

THE C FACIAL

50 MINUTES - \$115

This revitalizing treatment works to prevent the breakdown of the skin’s collagen and reverse damage created by our environment (e.g. sun, pollution, smoking, etc.). Beneficial for all ages and skin types, including those with sensitive and problematic skin.

THE GENTLEMAN’S FACIAL

50 MINUTES - \$115

A deep cleansing and revitalizing facial designed for the special needs of a man’s skin. This treatment includes cleansing, gentle exfoliation, and steaming, followed by a restful massage of the face, neck and shoulders.

Body Treatments

SOLACE SEEKER

80 MINUTES - \$175

Indulge in our signature treatment. Start with a decadent Cabernet grape seed scrub, and follow with our hot stone massage utilizing warm grape seed oil to complete this healing and transforming treatment.

NOURISHING SEAWEED WRAP

50 MINUTES - \$100

This detoxifying treatment promotes physical and mental well-being along with deep relaxation. Treatment includes a scalp and foot massage.

RE-MINERALIZING GEL WRAP

50 MINUTES - \$100

Re-mineralize and balance the body with this special relaxing gel wrap, which is highly recommended for those with dry skin. Treatment includes a scalp and foot massage.

CABERNET MUD WRAP

50 MINUTES - \$100

We envelop you in an exotic, vitamin-enriched Cabernet mud. This treatment will detoxify as well as provide the ultimate in hydration. Treatment includes a scalp and foot massage.

We recommend a 30-minute body exfoliation prior to any wrap treatment (additional \$60).

CABERNET GRAPE SEED SCRUB

50 MINUTES - \$100

Treat your senses to a wonderful combination of Cabernet Sauvignon grape seeds with hints of pepper and spice. This treatment simultaneously hydrates and exfoliates the skin. After the exfoliation, you will be moisturized with your choice of a warm grape seed oil or grape seed lotion to complete this fabulous experience.

SEASIDE FOOT RITUAL

50 MINUTES - \$100

The ultimate treatment for tired feet starts with a relaxing soak and foot scrub, and is followed by a hydrating foot mask. While the feet take this refreshing rest, a nourishing cream is applied to the hands. After the feet are renewed, enjoy a wonderful light foot massage.

BODEGA BAY SALT GLOW

50 MINUTES - \$100

This savory treatment is a body pleaser that combines exfoliation with massage. The natural exfoliation uses sea salts blended with sweet almond oil and honey to improve circulation and encourage softer, healthier skin.

SUGAR SCRUB

50 MINUTES - \$100

This treatment is an exceptional full body exfoliation, moisturizing treatment and massage all in one that will leave you with smooth, soft and fresher looking skin.

Spa Packages

THE RELAX AND REJUVENATE PACKAGE

150 MINUTES - \$265

Enjoy this three-part session for complete relaxation and rejuvenation. Includes a 50-minute European Facial, 50-minute body wrap (seaweed or gel), and 50-minute Swedish massage.

THE REVITALIZER PACKAGE

100 MINUTES - \$190

Customize your spa experience by selecting two of the following 50-minute treatments: Massage (of any type), European Facial, Bodega Bay Salt Glow, Sugar Scrub, Seaside Foot Ritual, Seaweed or Gel Body Wrap.

Gift Cards

Gift cards are available in any denomination and make an ideal year-round gift for any occasion. Please inquire at the Lodge's front desk or on our website.

Your Spa Experience

SPA HOURS

9:00am – 7:00pm (Sunday-Thursday)

9:00am – 9:00pm (Friday-Saturday)

POOL, WHIRLPOOL & SAUNA

7:30am – 11:00pm

FITNESS CENTER

7:30am – 11:00pm

Hours are subject to change

RESERVATIONS

Please call 707-875-4402 to schedule a treatment. Due to limited availability, we highly recommend that you schedule your treatments in advance. Please be advised that all prices are subject to change.

CANCELLATIONS

Please notify us 48 hours in advance of your first appointment to avoid being charged the full value of our services.

CLOTHING

We provide a robe and slippers during your visit. You will be draped during your treatment and undergarments may be worn if preferred. Please remove all jewelry before coming to the spa.

AILMENTS

Please alert us if you have any medical conditions or are presently under a physician's care. Conditions such as pregnancy, high blood pressure and heart conditions are of special interest to our spa professionals. We will customize our services to fit your needs whenever possible.

ELIGIBILITY

Spa guests must be at least 18 years of age, or be accompanied by an adult.